



## Salad Menu

**caesar salad**, the one and only original...virgin or with chicken or shrimp

**chinese chicken salad** w/ shredded carrots, almonds, rice noodles and scallions tossed in a sesame ginger dressing

**curried chicken salad** succulent roast chicken tossed in a light homemade curry mayonnaise with mango, grapes & red onions  
pasta w/ sundried tomatoes, olives & fresh mozzarella

**ultimate spinach salad** fusilli pasta, pesto, pine nuts & peas organic pasta tossed with homemade pesto, toasted pine nuts & peas

**penne pasta a la cecca** w/ fresh tomatoes, basil & garlic dressed with balsamic vinaigrette

**tabbouleh** w/ cherry tomatoes, cucumbers, scallions & fresh mint

**caprese salad** w/ slices of fresh tomatoes & mozzarella with fresh basil leaves all drizzled with extra virgin olive oil (seasonal)

**old fashioned potato salad** baby red potatoes, celery, red onion & fresh dill tossed in a homemade mayonnaise

**organic broccoli with garlic**-stir fried in olive oil with crushed red pepper flakes

**tomato feta salad** greek feta, mixed cherry tomatoes, red onions tossed in a fresh herb vinaigrette organic arugula salad with roasted tomatoes, shaved parmesan & pinenuts, tossed in a balsamic vinaigrette

**mixed greens with feta, candied pecans & cranberries** tossed with a balsamic vinaigrette.

**organic moroccan lentil salad** with tomatoes, basil & feta – tossed in a light vinaigrette

**asparagus vinaigrette** pencil thin asparagus lapped with homemade vinaigrette

**Danish cucumber salad** thinly sliced cucumber marinated with fresh dill in a light vinaigrette

**farmers market mixed green salad** organic mixed greens tossed in a light balsamic dressing

**organic beetroot salad** with navel oranges, tossed in a fresh orange vinaigrette

**Platter of Italian cold cuts & cheeses, olives etc...**

**Whole Poached Salmon with Dill/Cucumber Sauce**

**Shrimp Platter with Cocktail Sauce**

**Artisan cheese platter with organic grapes, nuts & dried fruits**

**Selection of freshly baked bread rolls**